

Competency	Performance Criteria	Evidence Guide
<p>1. Understand the regulatory environment in relation to NHVAS Fatigue Management for the heavy transport industry.</p>	<p>1.1 The regulatory requirements for NHVAS for fatigue management, and external pressures impacting on road transport operators with regard to fatigue management for operators and their drivers and scheduling staff are defined.</p> <p>1.2 General requirements for NHVAS for fatigue management are defined.</p> <p>1.3 The parameters for work and rest hours are defined.</p> <p>1.4 That all persons in a position of responsibility have been inducted in the Fatigue Management System and have demonstrated competence.</p> <p>1.5 The competency requirements for drivers and schedulers and supervisors of drivers and schedulers are defined.</p> <p>1.6 The legislative instruments used by jurisdictions to allow accreditation are defined.</p>	<p>1.1 and 1.2 Provide a description of NHVAS requirements for Fatigue Management and the impact on drivers, schedulers and operators.</p> <p>1.3 Describe the work and rest times for BFM; or 'approved conditions' for AFM and be aware of 'outer limits' and the process to be followed when a non-conformance with work and rest times and outer limits, or the Standards, is identified.</p> <p>1.4 Describe the evidence of induction and the evidence of competence required for a person in a position of responsibility.</p> <p>1.5 List the documents of evidence required for drivers, schedulers and supervisors of drivers and schedulers to demonstrate the competency requirements have been met.</p> <p>1.6 Define the Legislative Instruments</p> <ul style="list-style-type: none"> • The relevant Acts, Regulations and National Standards; • Relevant regulator. <p>Describe the requirements to operate under BFM or AFM.</p>

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<p>2. Understand the role and purpose of accreditation in the heavy transport industry.</p>	<p>2.1 The purpose of fatigue management accreditation in the road transport industry is defined.</p> <p>2.2 The process for meeting the BFM and AFM standards are defined.</p>	<p>2.1 and 2.2 Describe the documents needed to meet the requirements for BFM and AFM standards.</p>
<p>3. Understand the key stakeholders and their relationships with the regulatory accreditation scheme.</p>	<p>3.1 Identify the key stakeholders in regulatory schemes, identify and define the roles they play, and their inter-relationships.</p> <p>3.2 Relationships between the BFM or AFM operator and the accrediting jurisdiction are defined.</p>	<p>3.1 List the key stakeholders</p> <ul style="list-style-type: none"> • Roles; and • Their relationships. <p>3.2 Define and describe the relationship between the BFM operator and the AFM operator and the accrediting jurisdiction.</p>
<p>4. Understand the business rules of heavy vehicle accreditation schemes.</p>	<p>4.1 The fatigue management modules offered by NHVAS is defined.</p> <p>4.2 The application procedures and on-entry requirements for the scheme are defined.</p> <p>4.3 The compliance performance monitoring required to maintain accreditation for the scheme is defined.</p> <p>4.4 The audit requirements for the scheme are defined.</p>	<p>4.1 The different fatigue management modules included in the NHVAS scheme is defined without error or omission in accordance with the requirements of the scheme.</p> <p>4.2 The application procedures and on-entry requirements for the NHVAS scheme are defined without error or omission.</p> <p>4.3 Overview of the compliance performance monitoring for the NHVAS scheme, including compliance activities and sanctions, is defined without error or omission.</p> <p>4.4 The auditing requirements for the NHVAS scheme, including frequency and audit reporting requirements, are defined without error or omission.</p>

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<p>5. Understand the accreditation standards, the underpinning criteria and assessment steps for the NHVAS fatigue management modules included in heavy vehicle accreditation schemes.</p>	<p>5.1 The standards, criteria and assessment steps for the NHVAS accreditation scheme is defined.</p>	<p>5.1 The accreditation standards, and the underpinning criteria and assessment steps for all the modules are defined without error or omission in accordance with the requirements of the NHVAS scheme.</p>
<p>6. Understand the detailed requirements of audit matrices and audit reports for all modules included in heavy vehicle accreditation schemes.</p>	<p>6.1 The audit matrices for all the modules used in the NHVAS scheme is described.</p> <p>6.2 The reporting requirements for the NHVAS scheme are described.</p>	<p>6.1 The audit procedures for all the modules in the NHVAS scheme are accurately described.</p> <p>6.2 The audit matrix key requirements for each module used by the NHVAS scheme are described without error or omission.</p> <p>The audit reporting requirements for all the modules of the NHVAS scheme are described without error or omission, including:</p> <ul style="list-style-type: none"> ▪ The requirement for the audit results to be outcome focused. ▪ The deployment of appropriate methods to demonstrate that standards are met in accordance with the requirements of each module in the NHVAS scheme.
<p>7. General Knowledge of fatigue science</p>	<p>7.1 Causes of fatigue are defined.</p> <p>7.2 Effects of fatigue are defined.</p> <p>7.3 How to identify the signs of fatigue is defined.</p> <p>7.4 Role of sleep is defined.</p>	<p>7.1 The causes of fatigue, including an understanding of concepts like lifestyle choices, diet and exercise and their impact on fatigue, are accurately described.</p> <p>7.2 The effects of fatigue, including an understanding of the magnitude of the</p>



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		impacts of fatigue, are accurately described. 7.3 Ways to identify that a person is suffering from fatigue is accurately described. 7.4 The need for sleep, including different kinds of sleep (like restorative sleeps or napping) is accurately described.